

LABOR AND DELIVERY SKILLS CHECKLIST

Name: _____ Date: _____

1=Never Performed 2=Limited Experience 3=Comfortable Performing 4=Proficient

CARE OF PATIENTS WITH	1	2	3	4
Vasa Previa				
Abruptio Placenta				
Vacuum Extraction Delivery				
Asthma				
Uterine Rupture				
Beta Strep				
Trauma				
Breech				
Substance Abuse				
Cardiac Disease				
Stillborn				
Cesarean Section				
Sickle Cell Disease				
Chorioamnionitis				
Seizure				
Chronic Hypertension				
Rh Disease/Incompatibilities				
Collagen Vascular Disease				
Pyelonephritis				
Diabetes				
Prolapsed Cord				
Eclampsia				
Premature Labor				
Episiotomy				
Preeclampsia				
Fetal Demise				
Placenta Previa				
Forceps Delivery				
NSVD				
HELLP Syndrome				
Multiple Gestation				
Hemolytic Anemia				
Malpresentations				
Hemorrhage				
Infants				
a. IDM Protocol				
b. SGA Protocol				
c. AGA Protocol				
d. LGA Protocol				
Hepatitis B				
Hypertension				
HIV Positive				
VBAC				
Version				

ANTEPARTUM CARE/PROCEDURES	1	2	3	4
Pelvimetry				
Triage of Obstetrical Patients				
Reflex Checks/Edema Assessment				
Non Stress Tests (NST)				
Assist with Sterile Speculum Exam				
Assist with Amniocentesis				
Assist with Ultrasound				
Oxytocin Challenge Tests (OCT)				
L&D CARE/PROCEDURES				
Shoulder Dystocia				
Vaginal Delivery Set up				
Forceps/Vacuum Extraction				
Emergency Vaginal Delivery				
Fetoscope/Doptone				
Sterile Vaginal Exams				
a. Effacement				
b. Dilatation				
c. Station				
d. Presentation				
Fetal Scalp Blood Sampling - assist				
FHR Pattern Recognition/Interventions				
Leopold's Maneuvers				
Fetal Scalp Electrode Placement				
a. Assist with FSE				
b. Perform FSE				
Breathing/Relaxation Techniques				
External Fetal Monitor (EFM)				
AROM - assist				
Assess/Document Maternal Status				
Assess/Document Labor Progression				
Premature Membrane Rupturing				
Foley/Straight Catheter Insertion				
Ruptured Membrane Testing				
a. Fern Test				
b. Nitrazine Test				
Bladder Assessment				
IUPC Placement/Calibration - assist				
Assess/Document Fetal Status				
Amnioinfusion				
Cesarean Section Set up				
Emergency C Section				
Scrub C Section				
Circulate C Section				
Recovery Room Care after C Section				

LABOR AND DELIVERY SKILLS

Name: _____

L&D CARE/PROCEDURES	1	2	3	4
Oxygen Therapy				
a. Nasal Cannula				
b. Bag and Mask				
c. Face Mask				
Intravenous Therapy				
a. Saline/Heparin Lock				
b. Blood/Blood Products Transfusion				
c. Central Line Maintenance				
d. Peripheral insertion/maintenance				
Specimen Collection				
a. Venous Blood Draw				
b. Urine				
c. Vaginal Fluid				
d. Vaginal Swab				
Assist/Monitor Anesthesia Surveillance				
General Anesthesia				
Regional Anesthesia/Epidural/Spinal				
Adult Resuscitation				
Postpartum Tubal Ligations				
POSTPARTUM CARE/PROCEDURES				
Pain Management				
a. Patient controlled analgesia (PCA)				
b. Narcotic agents				
c. Non narcotic agents				
d. Non pharmacological measures				
Couplet Care				
Surgical Wound Care				
Sterile Dressing Changes				
Fundus Assessment				
Fundal Massage				
Hemorrhage				
Lochia Assessment				
Emergency Interventions				
Perineum Care				
Post Anesthesia Recovery Care				
Foley Cath/Straight Cath				
Bereavement Support				
Incisional Care				
Breast Feeding Education/Support				
Parent/Infant Bonding/Teaching				
CARE OF NEWBORN				
Cord Care				
Newborn Assessment/APGAR				
ID/Security Banding				
Gestational Age Assessment				
Meconium				
Suctioning				
Phototherapy Treatment				
Infant/Neonate Resuscitation				

CARE OF NEWBORN	1	2	3	4
Circumcision				
a. Set up				
b. Assist				
Temperature				
a. Rectal				
b. Tympanic				
c. Oral				
d. Axillary				
Infant Feedings				
a. Breastfeeding - assist				
- latch on				
- positioning				
- pumping and storage				
b. Bottle				
Specimen Collection				
a. Heel Stick				
b. Percutaneous umbilical sampling				
c. Umbilical blood sampling				
MEDICATION ADMINISTRATION				
Z tract Injections				
SQ Injections				
Antibiotics				
IV Push				
IM Injections				
Antihypertensives				
Eye Instillations				
Cervical Ripening Agents				
Continuous IV Administration				
Epidural Anesthesia				
Terbutaline				
Heparin				
Ritrodrene				
Indomethacin				
Prostin Suppositories				
Infant Meds				
a. Aquamephyton				
b. Erythromycin ointment				
Prostin Gel				
Insulin				
Procardia				
Magnesium Sulfate				
Oxytocin				
Narcotics				
EQUIPMENT				
Breast Pump				
a. Manual				
b. Electric				
Cardiac Monitor				
Pulse Oximeter				

AGE SPECIFIC SKILLS

Check the box under EACH age group that you have experience with and are comfortable with for each skill below	Neonates	Infants	Toddlers	Preschol	School Age	Adolescent	Young Adult	Middle Adult	Older Adults
	0-30 days	1mo-1yr	1-3yrs	4-6yrs	7-12yrs	13-18yrs	19-39yrs	4-64 yrs	65 + years
Understands the different communication needs for the age group and changes communication methods and terminology accordingly									
Understands the different medications, dosages, and possible side effects for the age group and administers medications appropriately									
Understands the different safety risks for the age group and alters the environment accordingly									
Understands the normal growth and development for the age group and adapts care accordingly									

Do you speak any language other than English? Yes No

If yes, which language? _____

I certify that All the information I have provided on this skills checklist is true and accurate.

Nurse Signature _____